



## SYLLABUS

# Poetry Writing and Analysis

**Duration: 5 Days (Total: 20 Hours)**



## Contents

|                                                                       |   |
|-----------------------------------------------------------------------|---|
| 1.0 Course Overview .....                                             | 2 |
| 2.0 Learning Outcomes .....                                           | 2 |
| 3.0 Training Methodology .....                                        | 2 |
| 4.0 Introduction to Poetry and Forms (3 Hours) .....                  | 2 |
| 5.0 Language, Imagery, and Sound Devices (3 Hours) .....              | 3 |
| 6.0 Writing Personal and Experimental Poems (4 Hours) .....           | 4 |
| 7.0 Poem Analysis, Interpretation, and Feedback (3 Hours) .....       | 4 |
| 8.0 Performance, Voice, and Visual Poetry (3 Hours) .....             | 5 |
| 9.0 Editing, Submission, and Publishing Opportunities (2 Hours) ..... | 6 |
| 10.0 Conclusion and Wrap-Up (1 Hour) .....                            | 6 |

## 1.0 Course Overview

This workshop-based training guides participants into the **art and craft of poetry writing and analysis**, from classical forms to modern free verse. The course emphasizes creative expression, literary technique, critical thinking, and peer collaboration, building confidence in both writing and interpretation.

## 2.0 Learning Outcomes

By the end of this course, participants will be able to:

- Identify and experiment with various poetic forms and styles
- Use poetic devices to create vivid and meaningful poems
- Analyze the structure, themes, and techniques of poetry
- Perform, revise, and publish original poetic works
- Appreciate poetry as both personal expression and literary art

## 3.0 Training Methodology

- Writing Prompts and Creative Drills
- Reading and Analyzing Famous Poems
- Peer Workshop Sessions
- Journaling and Reflection
- Live Recitations and Performance Practice

## 4.0 Introduction to Poetry and Forms (3 Hours)

**Objectives:**

- Explore the evolution of poetry and common poetic forms

### **Topics Covered:**

- What Is Poetry? Emotion, Form, and Function
- Forms: Sonnet, Haiku, Free Verse, Villanelle, Limerick
- Rhyme, Rhythm, and Line Breaks
- Classical vs Contemporary Poetry

### **Activities:**

- Writing Prompt: Create a Haiku based on nature
- Analysis: Compare a Shakespearean Sonnet and a Modern Free Verse
- Group Exercise: Create a collaborative Limerick

## **5.0 Language, Imagery, and Sound Devices (3 Hours)**

### **Objectives:**

- Learn how poetic devices create impact and mood

### **Topics Covered:**

- Imagery, Simile, and Metaphor
- Alliteration, Assonance, Onomatopoeia
- Enjambment and Caesura
- Tone, Mood, and Symbolism

### **Activities:**

- Exercise: Write a poem using at least 3 sensory images
- Sound Lab: Explore rhythm and sound with spoken word excerpts
- Group Challenge: Find poetic devices in contemporary lyrics

## **6.0 Writing Personal and Experimental Poems (4 Hours)**

### **Objectives:**

- Express personal emotions and push boundaries through poetry

### **Topics Covered:**

- Autobiographical and Confessional Poetry
- Found Poetry, Blackout Poetry, and Visual Techniques
- Persona Poems and Voice Play
- Repetition, Refrain, and Structural Experimentation

### **Activities:**

- Prompt: Write a poem about a personal transformation
- Task: Create a blackout poem from a magazine or old book
- Workshop: Share and receive feedback on an original poem

## **7.0 Poem Analysis, Interpretation, and Feedback (3 Hours)**

### **Objectives:**

- Deepen understanding of poetic themes and construction

**Topics Covered:**

- How to Analyze a Poem: Structure, Meaning, Intent
- Interpreting Metaphor and Ambiguity
- Understanding Poetic Movements (Romanticism, Modernism, etc.)
- Giving and Receiving Constructive Feedback

**Activities:**

- Analysis: Annotate a selected poem line-by-line
- Group Discussion: Interpret meanings and symbolism
- Peer Review: Exchange poems and provide written critique

**8.0 Performance, Voice, and Visual Poetry (3 Hours)****Objectives:**

- Bring poetry to life through sound, visuals, and spoken word

**Topics Covered:**

- Reading Aloud for Rhythm and Emotion
- Slam Poetry and Spoken Word Fundamentals
- Lineation and Shape in Visual Poetry
- Staging, Delivery, and Confidence

**Activities:**

- Practice: Perform your poem aloud to a group

- Task: Turn a poem into a visual or digital artwork
- Showcase: Group slam poetry round

## **9.0 Editing, Submission, and Publishing Opportunities (2 Hours)**

### **Objectives:**

- Learn how to revise, format, and share poetic work

### **Topics Covered:**

- Self-Editing Techniques and Poetic Precision
- Submission Guidelines for Journals and Contests
- Formatting and Titles
- Zines, Chapbooks, Blogs, and Online Platforms

### **Activities:**

- Lab: Revise a poem for publication
- Task: Draft a cover letter or poet bio
- Discussion: Where and how to publish poetry

## **10.0 Conclusion and Wrap-Up (1 Hour)**

### **Key Takeaways:**

- Celebrate growth and creative breakthroughs

### **Final Activities:**

- Showcase: Read your favorite final poem
- Certificate Distribution
- Feedback and Journaling: “How poetry changes how I see the world”